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| Who would benefit from Music Therapy? Children with a wide range of needs, both with and without previous musical experience, can participate and benefit from Music Therapy. Depending on the needs of the children, either individual or group session may be offered.  Music Therapy can benefit pupils who experience emotional, developmental and communication difficulties as a result of:  -Autism Spectrum Disorder  - Learning Difficulties  - Emotional and Behavioral Disorders  - Sensory Impairment  - Physical disabilities  - Degenerative diagnosis  - Mental Health conditions  - Neurological Impairment  - Trauma and Bereavement  - Transition  - Low self-esteem | Music Therapy Emily Panayiotou  **\_\_\_**  HCPC Registration Number  AS13946  **\_\_\_** | Music Therapy  Music Therapy ***“Where words fail, music speaks.”*******Hans Christian Andersen**** |
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| What is Music Therapy?  * Music therapy is the development of a therapeutic relationship between the child and therapist where music making forms the basis for communication. * Music Therapy provides a safe place where children can explore communication and feelings through sound and play. * Music Therapy provides the opportunity to express emotions and increase self-awareness through shared musical play. * Music Therapy encourages and strengthens relationship building skills and social communication. * Music Therapy can increase self-esteem and confidence through playing and relating musically. | * Music therapy can enrich the sensory experience of the student through sight, sound and touch enabling them to make a clear impact on their environment. * Music therapy can motivate the use of fine and gross motor skills through improvised and structured play. * Music therapy can extend focus and attention through engagement in an enjoyable interactive activity. * Music Therapy can facilitate positive changes in behavior and emotional well-being. * Music Therapy develops and increases a sense of self-awareness and thereby can enhance the pupil’s quality of life. | What Happens in music Therapy? Music Therapy sessions usually last 30 minutes and take place at the same time on a weekly basis.  The beginning of the therapeutic process will start with 3 assessment sessions. If after that it is deemed the correct intervention, the work will continue for at least a school term. Music Therapy can continue for longer depending on the needs of the child.  The pupil and therapist create music together. The therapist supports the musical expression with their individual needs in mind, engaging the student in interaction.  Pupils will have the opportunity to try a variety of instruments however there is no need for any previous musical experience. Who are music therapists? Music Therapists are state registered with the Health and Care Professionals Council (HCPC) and are members of the British Association of Music Therapists (BAMT)  They complete a two year Masters (Music Therapy) degree on an accredited course. |