**Curriculum Map**

KEYSTAGE 2

Managing Feelings (Identifying and expressing feelings, Managing strong feelings) Travel and Homeskills (taught through each year)

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|  | Autumn Term 1 | Autumn Term 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 1 | **Self-Awareness**  1. Things we are good at  2. Kind and unkind behaviours  3. Playing and working together  **World I live in**  3. Rules and Laws | **Self-Care, Support and Safety**  1. Taking care of ourselves  2. Keeping safe | **Changing and Growing**  1. Baby to adult  2. Changes at puberty | **Healthy Lifestyles**  1. Healthy Eating  3. Keeping well | **The World I Live In**  1. Respecting differences between people | **The World I Live In**  6. Money |
| Year 2 | **Self-Awareness**  4. People who are special to us  5. Getting on with others  **World I Live in**  2. Jobs people do  3.Rules and Laws | **Self-Care, Support and Safety**  3. Trust  4. Keeping safe online  5. Public and Private | **Changing and Growing**  3. Dealing with touch  4. Different types of relationships | **Healthy Lifestyles**  2. Taking care of physical health  3. Keeping well | **The World I Live In**  5. Belonging to a community | **The World I Live In**  4. Taking care of the environment |

**KEYSTAGE 3**

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|  | Autumn Term 1 | Autumn Term 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 1 | **Managing Feelings (Zones)**  1.Self Esteem (returning to school after lockdown)  (C&G 3). Friendships  SA 2. Skills for Learning | **The World I Live In**  1.Human Diversity  SA 3. Prejudice and discrimination (BLM Movement) | **Changing**  **& Growing**  1.Puberty  SC 6. Public and private | **Self-Awareness *(careers week link)***  TW 6. Managing Finances (Maths) | **Self-care, keeping safe**  TW 5.Preparing for adulthood  TW 6. Home Skills | **Healthy Lifestyles**  1.Elements of a healthy lifestyle  2. Mental Well Being |
| Year 2 | **Managing Feelings (Zones)**  2.Strong Feelings  3. (C&G 4) Romantic  Relationships/feelings & Consent | **The World I Live In**  2.Rights and Responsibilities  SC 4. Keeping safe online  3. Managing online information | **Changing**  **& Growing**  2.Positive unhealthy relationships | **Self-Awareness** *(careers week link)*  4. Managing Pressure | **Self-care, keeping safe**  1.Feeling unwell  2.Feeling frightened and worried | **Healthy Lifestyles**  3. Physical Activity  4.Healthy Eating  5.Body Image |
| Year 3 | **Managing Feelings (Zones)**  4. (C&G 3)Expectations of friendships, relationships/abuse | **The World I Live In**  4.Taking care of the environment  5. Travel | **Changing**  **& Growing**  (C&G 5) Long Term Relationships | **Self-Awareness** *(careers week link)*  SC 5. Emergency Situations  SC 3. Accidents and Risks | **Self-care, keeping safe**  7. Gambling  2.Feeling frightened and worried | **Healthy Lifestyles**  6.Medicinal drugs  7.Drugs, alcohol & tabacco |

KEYSTAGE 4

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|  | Autumn | | Spring | | Summer | |
| Year 1 | Preparation for Work – (ACC) | Rights and Responsibilities – (ACC) | Healthy Living (ACC) |  |  |  |
| **The World I Live In**  WILI 2: Rights and Responsibilities WILI 5: Preparing for Adulthood | | **Healthy Lifestyles**  HL7: Drugs, Alcohol and Tobacco | | **Changing and Growing**  CG1 Puberty  CG4 Romantic relationships, consent and contraception  CG5 Long term relationships and Parenthood | |
|  | | **Changing and Growing**  CG1 Puberty  CG4 Romantic relationships, consent and contraception  CG5 Long term relationships and Parenthood | |  | |
| Year 2 | Managing Social Relationships – (ACC) | Managing Money – (ACC) | Personal Development (ACC) | Health and Safety in the Home and in the Community (ACC) | Health and Safety in the Home and in the Community (ACC) |  |
| **The World I live In**  WILI 6: Managing Finances | | **Self-Awareness**  SA 3 Prejudice and Discrimination  SA4 Managing Pressure | | **Self- care, Support and Safety**  SSS4: Keeping Safe Online  SSS5: Emergency Situations  SSS6: Public and Private | |
| **Self-Awareness**  SA 4: Managing Pressure | | **Self- care, Support and Safety**  SSS1: Feeling Unwell  SSS 2: Feeling Frightened/Worried | |  | |
| **Self- care, Support and Safety**  SSS7: Gambling | |  | |  | |