

Collett Catch-Up



The Collett School
Special Educational Needs

Friday 10th February 2017

Bounce, Bounce, Bounce

Monday Owls Class went to Gravity Force in St Albans. The pupils had an hour to bounce and perfect their dodgeball, basketball slam dunks and par court skills. Everyone had a fabulous time, especially Mr Whippy and Miss Maloney who enjoyed demonstrating their awesome skills.

Cookery

This week we have been trying to use up left over ingredients; waist not, want not!

Jam tarts, clementine biscuits, pasta and homemade tomato sauce, stuffed jacket potatoes, linguine and tuna sauce and chocolate tiffin cake.

We have been discussing where food comes from e.g. butcher, farm shop, allotment, garden and supermarket.

Some students have been understanding why the needs of different amounts of energy and nutrients change through life e.g. pregnancy, infancy, childhood; adolescence, and adulthood.

I wish you all a relaxing half term break

Mrs Curran, Cookery Teacher

Recipes that are used can be found on the school website under Learning and Cookery.

Frozen Animals

Pupils and staff from Voles Class wrapped up with warm clothing, hats, scarves and gloves to visit Farm Yard Fun World in Bushey on Thursday. It did happen to be the day that the very cold weather hit and it was even trying to snow but they still had a good time. During the morning they enjoyed the soft play area and then after lunch they had a close encounter experience. They got up close to spiders and snakes etc. They also saw some giant rabbits and by the fact that Mrs Graham described them as 'bigger than my dog' I assume they really are GIANT!



Paul's Mum's Jam Tarts
www.bbc.co.uk/food

Sycamore Class

Last week Aspen Class walked down to the library and this week it was the turn of Sycamore Class. They arrived back all carrying a selection of books. Mr Linford said they were all brilliantly behaved.

Athletics Festival

Thursday afternoon Owls and Hares Classes went across to Cavendish School as representatives of The Collett School. They took part in the Dacorum School Sports Network Athletics festival. The pupils were split into three teams to compete against 17 other schools. They had great fun showing their throwing, jumping and running skills. They all worked fabulously as part of a team and we look forward to finding out where we finished.

Be My Valentine

Thursday evening we were spreading the love at the Valentine's Disco. It was great to see so many pupils having fun and many had brought their brothers and sisters with them too. There was one pupil who has never been to a disco before but he was here all evening and really enjoyed himself. Parents and carers stayed and were able to sit and have a chat with a coffee or even join in the disco. A number of staff enjoyed 'throwing some shapes' on the dance floor which entertained pupils and parents but they were shown up by Harry and Zofia. During assembly this morning they were awarded prizes for the Best Boy Dancer and Best Girl Dancer. Thank you Angie Grange for all your great organising and congratulations on raising £166 from the sale of sweets and raffle tickets. Many people have come forward to say what a great time they and their children had.



Valentine Disco

Money Saving Food Programme

ITV needs families for a brand new, prime time, money saving food programme.

Do you spend £350+ on your weekly food shop?

Would you like to cut the cost of your family's shopping bill?

Want to jazz up mealtimes and discover new dishes?

ITV welcome and encourage applications from people of all backgrounds.

Email: foodshow@crackitproductions.co.uk

Tel: 0203 761 4715



Television Opportunity

Quiz Night

On Thursday 30th March from 7-10pm there will be a Quiz Night run by Collett Innovative industries (Aspen class) and Warriors ABC with proceeds going towards new sports equipment that will benefit both the school and the boxing club. Tickets are £10 each which includes food (bring your own drink) and we are hoping for 10 teams of 10 people. There will be a raffle and prizes for the winning team. The defending champions are the school teachers.

Family Craft Morning

Gade Schools Family Support are hosting a Family Craft Morning at Micklem Primary School on Tuesday 14th February between 10:00 am and 12.30 pm. Activities are aimed at families with children aged 3-12 (younger siblings are welcome). All children must be accompanied by a responsible adult and children aged 8 and under must be supervised by an adult at all times. There will be a small entrance fee of £2 per child per family or £5 for a family group with 3 children and £1.00 per child thereafter.

Parent Network Drop-In

Support, information & learning groups for parents caring for children with special education needs and/or disabilities - no need to book just turn up! Delivered by experienced, trained facilitators with over 25 years of personal experience and professional knowledge to share.

Hemel Hempstead South Hill Centre, Cemetery Hill, Hemel Hempstead HP1 1JF

Monday 9.30am to 12pm

20th February – Specialist sensory workshop – booking required limited places

13th March – Listening techniques to help our children with feelings

Monday March 6th & March 27th 9.30 – 12.00 Parent Network Host Training

Watford – Stanborough Centre 609 St Albans Road Watford WD25 9JL

Monday 6.30 -9pm

9th January – Information sharing, open forum and EHCP

30th January – Everyday computer skills and parenting children SEND with Maria

20th February- Parenting pitfalls we can easily fall into with children & SEND

13th March Listening techniques to help our children with feelings



In partnership with Families
in Focus

Stevenage – Phoenix Centre, The Hyde, Stevenage, SG2 9SE

Thursday 9.30am to 12pm

12th January – Information sharing, open forum plus Kids Hub

2nd February - Everyday computer skills and parenting children SEND with Maria

23rd February - Parenting pitfalls we can easily fall into with children & SEND

16th March - Listening techniques to help our children with feelings

St Albans St Michaels Parish centre, St Michael Street St Albans AL3 4SL

(Park in Verulamium Museum free after 6.30) Monday evenings 7-9pm

16th January - Information sharing, open forum and EHCP

6th February - Parenting pitfalls we can easily fall into with children & SEND

27th February- Guest: Andy Lawrence manager of HCC 0-25 together service

20th March - Listening techniques to help our children with feelings

www.familiesinfoocus.co.uk

Sainsbury Active Kids

Sainsbury are running their Active Kids scheme again this year. The vouchers are available from stores from the 25th January. We will be collecting the vouchers again this year, so please, if you shop in Sainsbury send your vouchers into school. If you also have any family and friends that have any vouchers, we will gladly put them to good use.



Sainsbury Active Kids

Gade Schools Families Support

The latest Gade Schools Families Support Newsletter is on the school website under 'Latest News'. The newsletter covers the period of January to April 2017 and has details of a variety of courses that may be of interest. The course titles are:

3 Steps to Managing Family Challenges

Families Feeling Safe Course

Becoming a Digital Parent

Autism Support – 1:1 Advice Sessions

Managing Anger in the Family

Managing Behaviours of Teenagers with Additional Needs

Family Toolkit (Deadline to book is Wednesday 22nd February 2017)

Free Workshop

Dacorum DSPL Area 8 are pleased to present

Understanding ASD and Managing Anger & Anxiety

Free workshop for parent carers of children and young people by ADD-vance ASD/ADHD specialist trainers

Friday 28th April 2017 9.30 am – 1.30 pm

Gade Community Meeting Room, Chaulden Junior School, School Row,
Hemel Hempstead, HP1 2JU

What are the Learning outcomes?

- Understand what is ASD
- Recognise the diagnostic criteria for ASD
- Identify strengths and difficulties faced by a child with ASD
- Have a better understanding of what is anger and the rage cycle
- Have a better understanding of why children and young people with ASD and ADHD are more likely to experience anger, anxiety and distressed behaviour
- Discuss why children with ASD/ADHD often have challenges with distressed behaviour and anger
- Discover top tips and tools to help your child

To book, please call Ashley Fabray on 07525 917125 or email
fabraya@kls.herts.sch.uk

Places are limited – please book early to avoid disappointment!

Please note that this course is only open to Dacorum parents/carers.

Tandem Sky Dive or Wingwalk

Do you or anyone you know fancy taking to the skies and helping to raise money for the school?

I did the Sky Dive last year and it was an amazing experience. My fear level was very high as I do not like heights but the thrill and views were definitely worth it.

Are you available on Sunday 11th June 2017?

Great Savings

Why not check out the big savings you could make on Easyfundraising. They have some fantastic offers from leading utility providers.

DSPL | Developing Special.
Provision Locally
Be involved, make a difference



Wingwalk

 **easyfundraising**
feel good shopping

Ways you can Compare and Raise...



Car
Insurance
Up to £40



Home
Insurance
Up to £40



Broadband
and TV
Up to £54



Gas and
electricity
Up to £25



Mobiles
Up to £20

You can also book all your holiday essentials through easyfundraising and make the World of Difference to The Collett School.



Go to <http://www.easyfundraising.org.uk/causes/friendsofcollett> and join for free. It doesn't cost you a penny extra, when you shop the easyfundraising way the retailer pays a commission and this gets turned into a donation for us!

Curriculum Focus

What is Art Therapy?

Art therapy is a form of psychotherapy that uses art materials/media to help clients communicate and express themselves. The art is not used to diagnose a client, but is used as a tool to help them understand themselves and their emotions.

Art therapists work with children, young people, adults and the elderly. Clients may have a wide range of difficulties, disabilities or diagnoses. Art therapy is provided in groups or individually, depending on clients' needs. Although the sessions can be enjoyable, Art Therapy isn't an art lesson or a recreational activity, but a therapeutic intervention.

Influenced by psychoanalysis, art therapists have been inspired by theories such as attachment-based psychotherapy and have developed a broad



Art Therapy

range of client-centred approaches like psycho-educational, mindfulness and mentalisation-based treatments, compassion-focussed and cognitive analytic therapies, and socially engaged practice.

Importantly, art therapy practice has evolved to reflect the cultural and social diversity of those who engage in it.

Achievements and Results

Achievements

Bronze Award – Noah, Gabbie

Silver Award – Phoebe, Lillie, Miles, Connor, Coral, Carlo, Jamie, Carla

Gold Award – James

Reading Achievement – Liam, Kevan, Edith, Tristen, Gene, Ellie, Sevda, Josh, Connor, Andy, Abigail, Logan, Lukas, Charlie, Kiera, Jack, Sajad, Lewis

Friday Assembly

Mr Hoult-Allen spoke about how great the Valentine Disco was last night and gave some history behind Valentine's Day. The spotlight was on Logan this week. He had been reluctant to go swimming with his class but he went and had a great time. Well done Logan!

The Collett Cup of Excellence next term will be in Owls Class.

Congratulations to everyone!

Forthcoming Events

February Events

Monday 13th February to Friday 17th February – Spring Half Term, School Closed

Monday 20th February – Hawthorn Class to Gravity Force

Friday 24th February – Coffee Catch-Up straight after assembly, all welcome

Monday 27th February – Art Theme Week

Monday 27th February – Sycamore Class to Gravity Force

Mrs Rachael Lampey

The Collett School

www.collett.herts.sch.uk