



Children and Young People's Mental Health and Wellbeing Strategy: Planning Workshop Wednesday 28th November 2018

This workshop is for any professional, team or organisation with a role to play in promoting the mental health and wellbeing of children and young people in Hertfordshire.

By attending this workshop you will help to shape a strategy that will outline the key Hertfordshire priorities for promoting the mental health and wellbeing of children and young people.

The aim of the strategy will be:

- To reduce the chances of children and young people developing mental illness
- To ensure that those that experience mental illness can still maintain a sense of emotional wellbeing
- To promote positive coping strategies and reduce self-harm and other unhealthy coping strategies amongst children and young people.

The strategy will complement and support the CAMHS (Child and Adolescent Mental Health Services) Long Term Plan.

Wednesday 28th November 2018

09:30 to 12:00 (09:00 registration for a 09:30 start)

The Ash Room

Hertfordshire Development Centre

Robertson House, Stevenage

Spaces are limited

To book a place, please [click HERE](#)