



The Collett School Relationships and Health Policy and, Relationships, Sex and Health Education Policy

Date Established: January 2021

Last Reviewed: July 2021

Staff Responsibility: Executive Head

Review every two years

Review Date: January 2023

The Purpose of the Policy

The purpose of the Relationships and Health Education (Primary aged children)

And, Relationships, Sex and Health Education policy is to:

- Explain the definition, aims and objectives of RSHE and RHE
- Describe what we teach and the approaches we use.

This policy helps ensure that the whole school/federation community (pupils, parents/carers, staff, and governors) have a shared understanding of this important area of the curriculum. It is accessible to all stakeholders on the school website or by request.

As a school which values personal development in our children and young people we ensure our RSHE is up to date and regularly evaluated.

This is a working document which provides guidance and information on all aspects of RSE and aims to provide a secure framework within which staff can work.

The term Relationships, Sex and Health Education, RSHE, is used in this policy rather than Sex Education. This is to stress that our approach goes beyond provision of biological information to also focus on clarifying attitudes and values, and developing self-esteem and the skills to manage relationships.

Definition:

Relationships, sex and health education is learning about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. Some aspects are taught in science, and others are taught as part of our wider *Personal Development* curriculum

A comprehensive programme of RSHE provides accurate information about the body, reproduction, sex, and sexual health. It also gives children and young people essential skills for building positive, enjoyable, respectful and non-exploitative relationships and staying safe both on and offline (21st Century Guidance 2014).

Legal Requirements:

The sex education contained in National Curriculum science (Key Stages 1 and 2) is compulsory in maintained schools. All state-funded schools must have 'due regard' to the Secretary of State's guidance on SRE (DfEE, 2000). This states that:

- 'All children, including those who develop earlier than average, need to know about puberty before they experience the onset of physical changes' (1.13).
- Children should learn 'how a baby is conceived and born' before they leave primary school (1.16).

Every state-funded school must offer a curriculum which is balanced and broadly based and which:

- Prepares pupils at the school for the opportunities, responsibilities and experiences of later life.
- Promotes the spiritual, moral, cultural, mental and physical development of pupils.

(This is stated in section 2.1 of the National Curriculum framework (DfE, 2013a) and relates to duties set out in the 2002 Education Act and the 2010 Academies Act).

Aims and Objectives

The aim of RSHE is to equip children and young people with the information, skills and values to have safe, fulfilling and enjoyable relationships, and to take responsibility for their sexual health and wellbeing.

Effective RSHE can make a significant contribution to the development of the personal skills needed by students if they are to establish and maintain relationships. It also enables young people to make responsible and informed decisions about their health and wellbeing.

Effective RSHE is essential if young people are to make responsible and well-informed decisions about their lives. It helps support young people through their physical, emotional and moral development. It helps young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

Addressing Relationships, Sex and Health Education has three main elements enabling pupils to:

- Explore their own and other peoples' attitudes and values.
- Develop and practice personal and social skills.
- Increase their knowledge and skills.

The Relationships, Sex and Health Education (RSHE) policy is underpinned by the ethos and values of our school and we uphold it as an entitlement for all our pupils. We recognise the need to work as a whole school community to ensure a shared understanding of RSHE and the under-pinning values and to deliver an effective programme that meets the needs of our pupils.

The Collett School delivers RSHE within the following moral and values framework based on the following principles:

- Respect and tolerance towards others who may have different backgrounds, cultures, feelings, views and sexuality.
- The right of people to hold their views within the boundaries of respect for the rights of others.

- The acceptance of the responsibility for and the consequences of personal actions.
- The right not to be abused by or taken advantage of by other people.
- The right to accurate information about relationships.
- An awareness of the way another person feels.
- The value of stable loving relationship.
- Mutual support and co-operation.
- Honesty and openness.
- Self-respect.

Ethos and Environment

This policy has followed the guidance and drawn from the following key reference documents:

- Sex and relationship Guidance for the 21st Century: Supplementary advice to the Sex and Relationship Education Guidance DfEE (0116/2000).
- Multi-agency practice guidelines: Female Genital Mutilation (2014).
- DCSF Sex and Relationships Guidance (0116/2000).
- The Equality Act 2010 and schools (DfE 2014b).
- Keeping Children Safe in Education

The Collett School will follow best practice by ensuring that the personal beliefs and attitudes of teachers will not influence their teaching of RHE and RSHE lessons.

Dissemination and consultation/review of policy includes:

- Consultation with wider school community.
- Review of RSHE curriculum content with staff and pupils.
- Pupil focus groups or school council.
- Consultation with school governors.
- Questionnaires to parents/carers.

The policy will be available to parents through direct request and available on the website.

Parents and Carers

Parents and carers have an especially important role to play in supporting PSHE/RSE education. The Collett School is confident that the school's programme complements RSE across the school. To enable this, an information session for parents is offered to discuss the RSE programme. At present this available on the school website.

Parents/Carers have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. This right becomes that of the child 3 terms before their 16th birthday. Children/Young people cannot be withdrawn from RHE/Relationships

Education which are covered as part of the statutory science curriculum. At The Collett School we do not teach sex education that goes beyond the national curriculum for science.

Our wider Personal Development curriculum which covers RSHE is available for parents by direct request.

Continued Professional Development (CPD) for Staff:

The Collett School ensures RSHE/ RHE CPD for staff through:

- Opportunities for the Subject Leader to undertake any training required to fulfil the position effectively.
- CPD by trained practitioners to take place for staff involved in teaching the subject.
- Surveys of all staff with regard to RSE content and support required.

Statement of The Collett School's commitment to equal opportunities and inclusion, with reference to the Inclusion and Equal Opportunities Policies:

The Collett School considers the needs of different groups within the school. (gender, varying home backgrounds, sexuality, SEN, LAC, Faith, ethnicity and culture etc). The programme is differentiated at point of delivery by trained staff, so that it is appropriate to pupil's age, ability, gender and maturity.

We aim to ensure all pupils are treated fairly, with no discrimination or bullying on grounds of gender, race, religion, colour, language, culture, social circumstances, appearance, sexuality, ability or disability etc.

The Equality Act 2010 covers the way the curriculum is delivered, as schools and other education providers must ensure that issues are taught in a way that does not subject pupils to discrimination. Schools have a duty under the Equality Act to ensure that teaching is accessible to all children and young people, including those who are lesbian, gay, bisexual and transgender (LGBT) and any other groups, however they choose to identify. Inclusive RSE will foster good relations between pupils, tackle all types of prejudice – including homophobia – and promote understanding and respect. The Department for Education have produced advice on The Equality Act 2010 and schools (DfE 2014b).